



# Kindness Scavenger Hunt

As we approach St. Valentine's Day this week, find ways to love by doing

a Random Acts of Kindness Scavenger Hunt. As a family, create a checklist of 15 random acts of kindness and distribute the checklist to each family member. The object of the game is to complete all of the random acts of kindness by the end of the week. At the end of the week, spend time over a special dinner or dessert sharing what you did throughout the week and how it made everyone feel. Discuss which tasks were easiest and which were most difficult.

- Assist with making a meal.
- Call or text a family member and tell them "I love you!"
- Clean out old toys and books for donation to [St Vincent de Paul Thrift Store](#) or Goodwill.
- Do someone's chores.
- Donate food to [St. Vincent de Paul Pantry](#)
- Draw a picture or write a note to someone you don't see often letting them know you are thinking of them.
- Give someone a compliment.
- Give someone a high five.
- Give someone a hug.
- Help with cleaning-up, even if you didn't help make the mess.
- Hold a door for someone.
- Let someone else pick the game you play.
- Make someone laugh.
- Push in the chairs at the table.
- Read a story to someone.
- Share your toys with someone.
- Take out the trash without being asked.
- Let someone go ahead of you in line.

